



GetITDoneWith.AI
KNOWLEDGE TO ACTION

AI 102

Why You Should Start
by Simply Chatting with
AI (Before You Learn All
the “Techniques”)



Time to read:
4 minutes

This document is for you if:
You have never used AI chat tools, or don't use often

Your superpower after reading this:
It's more about picking up the habit, than learning how to - especially in the beginning!



Stay away from “20 best prompt to use” until you do this.

Talk with AI everyday for 2 weeks. Don’t worry about “how” - just do it.

The first insecurity you have to overcome is simply this:

Picking up the habit of using AI.

Before trying GenAI, many people feel unsure. You hesitate to even *touch* it - because you think you don’t know enough. This document is for those who are still uncertain about **where to start at all**.

If you’ve already picked up the habit of chatting with AI, great! You can skip this one. But if you haven’t gotten used to it yet...

✗ Don’t:

- Join a “30 Days to Master AI” course (especially with a fee!)
- Follow “AI influencers” on LinkedIn, Instagram, or TikTok
- Sign up for “AI Summit 2025” to sit through speeches or try to network with strangers (yes, networking has its benefits - but not if you’re still confused about the basics!)

✓ Do this instead:

Before learning **better ways to chat**, you need to clear the **first hurdle: Use AI frequently**.

That’s it. No pressure. No perfect prompts. Just get used to it.



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Why Jumping to Use AI is The Best Way Forward

Familiarity matters.

No documentation can convince you better than your own experience.

You can study all you want, try to learn everything - but **unless you pick up the habit of using AI, no advice will truly help.**

It's like learning to play an instrument:
You need to get used to *touching it every day.*

There's no need to expect much from yourself in the beginning.
If, at the end of 2 weeks, you find yourself saying,
"Okay... I think I'm starting to get a feel for this,"
—that's already a huge win.





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How Your 2 Weeks Would Look Like, Learning To Chat With AI

Messy is the default here.





Let me tell you what ***won't*** happen:

You won't wake up on Day 14 and suddenly become an AI power user.

But you will feel **less anxious, more curious**, and a little more confident each day.

Preparation

Pick a GenAI chat tool that you can chat with, then stick to it until you pick up the habit of using it everyday.

There are multiple GenAI models that you can use for free, each comes with different characteristics or better use cases, but the important thing is to stick to one. No need to go for “the best”. No need to know what options are out there. Focus on eliminating the decision fatigues at early stage as much as possible.

Remember, the goal is to **build the habit of using AI everyday**. Not the habit of using the best one, or using the best methodology.

You can start with **ChatGPT** (www.chatgpt.com) as it's the most popular one - sign up for a free account, and start chatting!



Day 1 - 3: Confused? Good. That means you're starting.

It would be like meeting someone for the first time - awkward conversation. Forced communication.

You don't know what to type to begin with.

You feel awkward, like talking to a stranger for the first time.

You don't know how to continue to "chat" - without having what you should ask in mind.

You get "weird" answers - like the chat didn't get you at all.

These are **all normal**. It's ok, just keep going - it's still better than reading another AI article you'll forget tomorrow.



Day 4 - 7: Searching, writing, venting - you're exploring.

You start getting familiar with chatting with AI.

You realize AI can actually help you with real-life tasks. By now you could be:

1) Using it like Google Search:

"What's the name of the movie about a man falling love with an AI?"

"What's the best lasagna recipe"

"What are the things to do in Tokyo in summer with kids?"

2) Using it like a writing assistant:

"Write me an email to my manager asking for a holiday next month"

"How should I reply to this email? (copy and paste the email contents)"

3) Using it like a friend:

"My son didn't want to stop watching TV today when we were supposed to leave home, and we fought. What should I do in the future?"



Day 8 - 12: You're prompting without realizing it.

You may start to spot patterns of how AI answers - sometimes giving wrong answer, giving too long explanations on simple things, or even, giving lots of complements to you, affirming your way of thinking.

You may even come up with different ways to chat with AI so that they show these mentioned traits less - if you are doing this, congratulations, it's called **PROMPTING**, and you are one step closer to mastering it!



Day 13 - 14: It feels natural. You're using it your way.

Whenever something comes up in your life that would be helped with clarification, you now think: "Let me chat with AI".

Going back to the chat box does not feel as forced as before. It comes naturally to your head.

You used to "google it" when you wanted to know about something - now you go to AI. Or at least remembers there is an alternative to a search engine. (There are better ways to search the web but don't worry about it for now.)

There are ways to use AI chat much better - but at least **you've picked up the habit of chatting with AI, and that's a huge progress!**





Final Thought

The goal is **NOT** to master AI in 2 weeks.

The goal is to **stop being afraid of it.**

Once you've built the habit of chatting with AI - casually, imperfectly, messily - you'll start to understand what it's actually capable of.

And more importantly, what **you are capable of with it.**

You don't need perfect prompts. You just need practice.

What's Next

The next step is simple: **Keep chatting with AI.**
Once a day. No pressure. No fancy techniques.
Just like texting a very smart (but occasionally weird) friend.

Coming Soon:

AI 103: How to Prompt for Better Results

When you're ready, we'll show you how to go from
"Ugh... it gets the job done, but it sounds so...AI."
to
"Wow, it sounds like it gets exactly what I need!!"

Want a shortcut?

If you're stuck, impatient, or just want to cut through the noise:

[Book a free call](#) or **[send us a message](#)**.

We'll jump right into getting things done.

www.getitdonewith.ai

Email: info@getitdonewith.ai

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MINDSET + AI



ACTIONS + AI



10x RESULTS



The fundamentals of success haven't changed. AI will just make them 10x faster.

Coming Soon...

MINDSET + AI

Tips to **shift your mindset** to confidently leverage AI for personal and professional growth, moving past overwhelm and imposter syndrome.

Examples of how AI has helped individuals to **think differently**, or **overcome challenges**

ACTIONS + AI

Step-by-step guides for using different AI-powered products in specific use cases, demonstrating which ones deliver results (and which ones might not be worth your time or money).

Quick, actionable how-tos that help you use AI in under 10 minutes - for emails, planning, content, and everyday decisions.